

The team at Le Meridien St. Julian's Hotel & Spa would like to welcome you to our Lotus Fitness Centre. Our mission is to ensure your visit with us is as gratifying as possible and our fitness Associates are on hand to help you in any way that they can. Expect only the highest in standards and professionalism both throughout the Fitness Centre and in our staff.

We have a variety of membership packages available to suit all needs and schedules:

	Individual	Couple
Weekly	€55	n/a
Monthly	€85	n/a
Quarterly	€195 (€65pm)	€345
Half Yearly	€350 (€58pm)	€620
Annual	€600 (€50pm)	€980

Off Peak Membership valid between 06:00hrs – 16:00hrs with free access to all Off Peak classes

	Individual	Couple
Half Yearly	€250	€450

What support will I receive to get me started?

We offer as much support as our members need. All new members will get a walkthrough of the facilities, and introduction to all equipment and any assistance needed to get started, with guidance throughout membership.

Membership includes:

- + Complimentary water and towel (use of extra towel is charged at @0.75c per towel)
- + Use of gym indoor heated swimming pool, sauna, Jacuzzi, steam rooms + lockers
- + An array of GX-1 classes (available to non-members at a charge) - the only Les Mills licensed gym in Malta
- + Complimentary use of squash court
- + 2 hours of free parking
- + 20% discount at Taro Lounge & Bar, Scirocco Restaurant and La Bajja (seasonal) (10 % Fri to Sun)

Other benefits for quarterly, half yearly + full year memberships.

- + 15% discount on all Myoka treatments
- + 20% discount at Jigami hairdressing salon from Tuesday till Thursday

Group / Corporate Memberships:

- + 5 members or more = 10% discount on Individual membership
- + 10 members or more = 15% discount on Individual membership

Other terms:

- + Freeze membership - up to 3 months, at a charge of €11 per month.

- + Day Use - €20 for a non-member (over 16 years of age)
- + Administration charge of €10 in case of membership card loss
- + Personal training is available at an additional cost